



Autism and Family Supports



Autism Connect

Free national autism helpline

Autism Connect is a free, national autism helpline, providing independent and expert information over phone, email and webchat. Our Advisors have lived and professional experience and support Autistic people, their families and carers, health professionals, researchers, teachers, employers and the broader community.

Autism Connect: Search also has resources online at: search.amaze.org.au

 1300 308 699

Monday – Friday, 8am-7pm local time

 amaze.org.au/autismconnect

Carer Gateway

Support for unpaid carers



It is estimated there are 2.65 million unpaid carers across Australia. These are people who provide care to a family member or friend with disability, a medical condition, mental health condition, or someone who is frail due to age.

Through Carer Gateway, carers can access a range of support and services to help manage their emotional health and wellbeing. In-person and online coaching, counselling, emergency and planned respite, peer support, online skills courses and tailored support packages are some of the services available through Carer Gateway. Emergency respite is available 24/7 on the same number below.

Contact the Carer Gateway:

 1800 422 737

Monday – Friday, 8am-5pm local time

 carergateway.gov.au

Disability Gateway

The Disability Gateway is a free Australia-wide service to help people with disability, their families and carers find trusted information and services.

It's accessible, easy to use and a great way to connect to supports in your area, including health and wellbeing, education, and everyday living.

The Disability Gateway is for all Australians with disability no matter what your circumstances are.

Contact the Disability Gateway:



1800 643 787

Monday – Friday, 8am-8pm AEDT/AEST



disabilitygateway.gov.au

Early Days

The Early Days series of free workshops/webinars are for parents and family members of young children (0-6 years) who are on the autism spectrum, or who have concerns about their child.

Topics provide core information and practical advice about autism, parenting a child on the spectrum, and supports. Available nationally.

For more information visit:



earlydays.com.au



Positive Partnerships

Positive Partnerships is a national program funded by the Australian Government Department of Education.

The program provides free high-quality professional learning and resources through workshops, webinars and online modules for parents, carers and school staff that support positive outcomes for young people on the autism spectrum.

For more information visit:

 positivepartnerships.com.au

 1300 881 971





Need autism information and support?

This Autism and Family Supports network is a collection of expert services that provide support and information for Autistic people, their families and carers.

Each service is independent, free and can be accessed across Australia.

These services can assist you with:

- Autism information and resources
- Supports and services
- Workshops and webinars



The Autism and Family Supports network are inclusive services.



The Autism and Family Supports network acknowledges the Traditional Owners of the land on which its services operate, and pays respect to their Elders past and present.